

Classroom Guidance Program here at St. Matthew Catholic School

1st 9-week Period

- Pk --- Getting Acquainted, Handling Change, Cooperation and Friendship Building, Working together with friends, More on Friendships
- Kinder --- Getting Acquainted, Handling Change and Respecting Differences, School Rules, Making Friends, Self Appreciation
- 1st --- Getting Acquainted, Positive Thinking, Individual Differences, Believing in Yourself
- 2nd --- Getting Acquainted and organizational skills (school rules, planner use), Acting Responsibly, Motivation and Positive Thinking, Self-Esteem, Understanding and Handling Your Feelings
- 3rd --- Getting Acquainted, Planner Review and Goal Setting, Affirmations and Motivation, Self-Esteem, Feelings, Worry, Rules
- 4th --- Getting Acquainted, Goal Setting, Planner Review, Schools Rules, Affirmations and Motivation, Study Habits and Building Assets, Study Skills
- 5th --- Getting Acquainted, Change, Goal Setting, Using Planners, and Goal Setting, Positive Thinking, Study Skills
- 6th --- Accepting Change, Goal Setting and Planner Use, Motivation, Bullying
- 7th --- Accepting Change, Goal Setting and Planner Use, Positive Thinking, Motivation and Volunteerism, Stress
- 8th --- Accepting Change, Goal Setting and Planner Use, Learning Styles, Stress

2nd 9-weeks

PK --- Helping Others, Personal Safety, Strangers, Hurts and Touching

Kinder --- Personal Safety, (Red Ribbon Week activities) Review “Code of Conduct”, Building Self Confidence by giving to others

1st --- Self Esteem, Personal Safety (Red Ribbon activities), Choosing what’s important In Life, Reviewing “Code of Conduct”

2nd --- Personal Safety and Self Esteem, Making Choices and Learning to say “No” at the Appropriate time and steps to take, (Red Ribbon Week activities) Review “Code of Conduct”, Relationships between brothers and sisters

3rd --- Self – Esteem, Making Choices, Personal Safety, (Red Ribbon), Review “Code of Conduct”, Interpersonal Relations – Prejudice and Discrimination

4th --- Accepting Others, Personal Safety and Peer Pressure, (Red Ribbon activities), Review “Student Code of Conduct”, Interpersonal Relationships-Accepting Others, Lack of Responsible Behavior – Lying, Identifying Emotions,

5th --- Recognizing Personal Strengths, Personal Safety and Peer Pressure, (Red Ribbon Activities, Review “Code of Conduct”, Interpersonal Relationships --- Jealously, Bullying

6th --- Personal Safety, Responsible Choices, (Red Ribbon activities), Review “Code of Conduct”, Academic Needs

7th --- Meeting Adversities, Responsible Choices, (Red Ribbon activates), Review “Student Code of Conduct”, Academic Needs

8th --- Meeting Adversities, Personal Choices, (Red Ribbon activities), Motivation

3rd 9 weeks

PK --- Interpersonal Relationships – Manners, Self Sufficiency, Relationships – Teasing, Telling the Truth, Kindness,

Kinder --- Interpersonal Relationships – Manners, Bullying, Helping Others, Exploring Feelings, Dealing with Friends

1st --- Relationships – Inappropriate Behavior, Motivation and Skills for School Success

2nd --- Relationships – Inappropriate Behavior, Making Choices, Making Friends, Telling Lies, and Respect for others,

3rd --- Conflict Resolution – Problems students can solve, Problems adults can solve, Steps for peaceful settlements.

4th --- Identifying Emotions, Handling Emotions, Effect Emotions have on us and others, Difficult Situations

5th --- Dealing with Stress, Anger and Conflict Resolution, Needs

6th --- Career Exploration, Recognizing individual talents, Career Day

7th --- Career Exploration, Recognizing individual Talents, Career Day

8th --- Career Exploration, Recognizing individual Talents, Career Day

4th 9 weeks

PK --- Friendship Development, Self-Control, Working Together, Feelings

Kinder --- Conflict with Friends, Communication with Friends, Friendship, Helping Others

1st --- Test Taking Skills, Friendship, Respect of Others

2nd --- Test Taking Skills, Decision Making, Bullying, Self-Esteem, Friend Qualities

3rd --- Test Taking Skills, Problem Solving, Bullying, Behavior with Siblings

4th --- Testing Skills, Bullying, Peer Pressure, Personal Responsibility

5th --- Testing Skills, Bullying, Communication with Friends, Courage

6th --- Testing Tips, Bullying, Personal Changes in Relationships, Physical Changes

7th --- Testing Tips Bullying, Personal Growth

8th --- Testing Tips, Bullying, Decision Making,